



Nirvana Now!

Choosing Inner Peace For You

WORKSHOPS LISTS

2014

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THE INSTITUTE FOR HUMAN SERVICES (IHS)
STANDARDIZED CURRICULUMS

IHS has approved training of the following standardized curriculums:

1. Achieving Permanency Through Roundtables (Values)
2. Permanency Roundtable Skills
3. Youth-Focused Permanency Round Tables
4. Foster Parent Pre-Service Training:
 - a. Orientation and Overview of Foster Care, Adoption, and Kinship Care
 - b. Teambuilding
 - c. Child Abuse and Neglect and the Impact on Child Development
 - d. Attachment, Separation, and Placement
 - e. Managing Behaviors
 - f. Cultural issues in Placement
 - g. Primary Families
 - h. Effects of Caregiving on the Family
 - i. Crisis Prevention and De-escalation
 - j. Parenting Sexually Abused Children
 - k. Permanency Issues for Children
 - l. Permanency Issues for Families
5. Adoption Assessor Training Tier II
 - a. Cultural Issues in Permanency Planning, Part I and II; 2-day
 - b. Birth Parent Services
 - c. Inter-Agency Collaboration
6. Alphabet Soup; 6-hour
7. Keepin' It In The Family": The Unique Issues of Kinship Care; 3-hour
8. Successful Transcultural Parenting: Dealing with the Dynamics of Difference; 6-hour
9. Diagnosis: AD/HD What's Next? 6-hour
10. Foster Families and How They Grow: Understanding the Effects of Fostering; 6-hour
11. "Play with a purpose"...Strategies to Enhance the Parent-Child Relationship; 3-hour

THE INSTITUTE FOR HUMAN SERVICES (IHS) STANDARDIZED CURRICULUMS (cont)

12. “Mom, Dad, I’m Searching”...The Impact of Search and Reunion on the Family; 6-hour
13. Understanding and Building Attachment; 6-hour
14. Single Parent Adoptions...Single, But Never Alone; 3-hour
15. Managing Our Behavior To Manage Theirs: Discipline in Foster Care; 6-hour
16. Relating to Primary Families: Understanding Challenges, Issues, and Strategies for Success; 6-hour
17. Understanding and Parenting Sexually Abused Child; 6-hour
18. Recognizing and Responding to Child Sexual Abuse; 6-hour
19. Healthy Sexual Development of Children and Teens; 6-hour
20. Fostering Self-Reliance in Children and Teens: Roots and Wings, 6-hour

PROPRIETARY CURRICULUMS

Parents, Caregivers, Teachers, Professionals:

1. Understanding Child Sexual Abuse; 6-hour
2. Parenting the African American Incest and Child Sexual Abuse Survivor; 6-hour
3. Life After Incest and Child Sexual Abuse; 6-hour
4. Caring For Traumatized Children, 3-hour; 6-hour
5. Domestic Violence; 3-hour; 6-hour
6. Parenting The Children of Substance Abusing Parents; 6-hour
7. Adolescent Substance Abuse; 3-hour; 6-hour
8. The Adoption is Final...Real Life Kicks In; 6-hour
9. Advocating For The Special Needs Child; 3-hour

10. Diagnosis vs. Abilities; 3-hour
11. Loving Gay, Lesbian, Bi-Sexual, and Transgender Youth; 6-hour
12. Understanding The Stages Of Child Development; 3-hour
13. Understanding Race and Culture Will Help You Teach and Parent; 6-hour
14. Independent Living Skills for 13+ Year Old Youth, 3-hours each
15. Understanding Boundaries....Balancing Personal and Professional Lives; 6-hour
16. My Head Is About To Explode...Managing Life Stressors; 6-hour
17. Sexuality and the Disabled; 3-hour
18. Independent Living: Helping Teens Plan Their Future,6-hour

Staff Development: (6-hour)

1. Case Management For the Novice
2. Effective Public Speaking
3. Winning Over The Difficult Client
4. Working With Substance Abusing Parents*
5. Understanding Culture And Diversity Will Improve Performance Outcomes
6. Maintaining Boundaries....Balancing Personal and Professional Lives
7. My Head Is About To Explode...Managing Life Stressors, 6-hour
8. Culturally Sensitive Interviewing,6-hour
9. My Head Is About To Explode...Managing Life Stressors 3-hour, 6-hour
10. Effectively Working with Court Appointed Special Advocates/Guardian Ad Litem, 3-hour
11. What's Poverty Got To Do With It?...Influences of Poverty In Case Planning

*Help Me Grow Approved

Other Certified Training Offerings

1. Expect Respect (support group curriculum for safe and healthy relationships)
2. Bridges Out of Poverty (Provides a framework for understanding poverty and reviews the skills, policies and procedures that will enable organizations & communities to become more skilled in working with individuals who are in poverty); 2-day
3. Getting By In A Just Gettin' By World (15 week program for people living in poverty that is designed to assist participants develop a plan to change their life circumstances).
4. Understanding Infant Adoptions
5. Ties That Bind: Substance Abuse In The Kinship Family, 2-day