



Nirvana Now!

Choosing Inner Peace For You

WORKSHOPS LISTS 2018-2019

CeCe Norwood, M.A.
Founder/Consultant/Trainer/Author
P.O. Box 1588
Reynoldsburg, Ohio 43068
cece@mynirvananow.org
www.mynirvananow.org
(614) 367-6030

E-Track Approved Standardized And Proprietary Curriculums

1. Permanency Roundtables-Values - 6hr.
2. Permanency Roundtables-Skills - 6hr. (Also approved as Permanency Consultant)
3. Permanency Roundtables-Values, Caregivers - 3hr.
4. Permanency Roundtables-Values, Stakeholders - 1.5hr
5. Youth-Centered Permanency Roundtables - 6hr.
6. Adoption Assessor Training Tier II
 - a. Diversity Competence In Permanency Planning, Part I and II - 12hrs.
 - b. Birth Parent Services – 6hr
 - c. Inter-Agency Collaboration – 6hr
 - d. Adoption Assistance - 3hr.
 - e. Placement Strategies
 - f. Pre-Finalization
7. Overview of Child Sexual Abuse - 6hr.
8. Sexuality of Children: Healthy Sexual Behaviors and Behaviors that Cause Concern - 6hr.
9. Investigating Child Sexual Abuse - 6hr.
10. Effectively Working With CASA/GAL's – 3 hr.
11. Understanding Culture and Diversity Will Improve Performance Outcomes – 6-hr.
12. Adolescent Substance Abuse -3 hr.
13. Foster and Adoptive Parent Pre-Service Training: 3 hrs. each
 - 1) Orientation and Overview to Foster Care, Kinship Care, and Adoption
 - 2) Child Protection Team
 - 3) Child Development
 - 4) Trauma and Its Effects
 - 5) Child Sexual Abuse
 - 6) Minimizing Trauma of Placement
 - 7) Transcending Differences In Placement
 - 8) Helping Children Manage Emotions
 - 9) Understanding Primary Families
 - 10) Effects of Caregiving on the Family
 - 11) Long-Term Separation from Birth Parents
 - 12) Post Adoption Issues for Families

14. Normalcy and The Reasonable and Prudent Parent Standard -3hr.
15. Alphabet Soup -6hr.
16. Keepin' It In The Family": The Unique Issues of Kinship Care -3hr.
17. Successful Transcultural Parenting: Dealing with the Dynamics of Difference -6hr.
18. Diagnosis: AD/HD What's Next? - 6-hr.
19. Foster Families and How They Grow: Understanding the Effects of Fostering -6-hr.
20. "Play with a Purpose"...Strategies to Enhance the Parent-Child Relationship -3-hr.
21. "Mom, Dad, I'm Searching"...The Impact of Search and Reunion on the Family -6-hr.
22. Understanding and Building Attachment - 6hr.
23. Single Parent Adoptions...Single, But Never Alone - 3-hr. (co-developer of training)
24. Managing Our Behavior To Manage Theirs: Discipline in Foster Care - 6-hr.
25. Relating to Primary Families: Understanding Challenges, Issues, and Strategies for Success -6-hr.
26. Recognizing and Responding to Child Sexual Abuse - 6-hr.
27. Healthy Sexual Development of Children and Teens -6-hr.
28. Fostering Self-Reliance in Children and Teens: Roots and Wings -6-hr.
29. The Openness Puzzle...3.2.1 Contact – 3-hr.

PROPRIETARY CURRICULUMS

Parents, Caregivers, Teachers, Professionals:

1. Understanding Child Sexual Abuse -6-hr.
2. Parenting the African American Incest and Child Sexual Abuse Survivor -6-hr.
3. Life After Incest and Child Sexual Abuse -6hr.
4. Caring For Traumatized Children - 3hr., 6hr.

5. Domestic Violence Impact On Children - 6hr.
6. Parenting The Children of Substance Abusing Parents; - 6hr.
7. The Adoption is Final...Real Life Kicks In - 6hr.
8. Advocating For The Special Needs Child - 3hr.
9. Diagnosis vs. Abilities - 3hr.
10. Loving Gay, Lesbian, Bi-Sexual, Transgender, Intersex Youth - 6hr.; 3hr.
11. Successful Engagement With LGBTQI+ Families & Youth – 6hr.; 3hr.
12. So, You Have A LGBTQI+ Identified Youth In Your Home, Now What? - 6hr.; 3hr.
13. Understanding The Stages Of Child Development - 3hr.
14. Understanding Race and Culture Will Help You Teach and Parent - 6hr.
15. Independent Living Skills for 13+ Year Old Youth - 3hr. each (attached)
16. Understanding Boundaries....Balancing Personal and Professional Lives - 6hr.
17. My Head Is About To Explode...Managing Life Stressors - 6hr.
18. Sexuality and the Disabled - 3hr.
19. Independent Living: Helping Teens Plan Their Future - 6hr.
20. Are Our Families Difficult OR are We? – 3hr., 6hr.
21. Impact of Trauma On School and Social Interactions- 3hr., 6hr.

Staff Development: (3hr., 6hr.)

1. Case Management For the Novice
2. Effective Public Speaking
3. Winning Over The Difficult Client
4. Working With Substance Abusing Parents*
5. Understanding Boundaries....Balancing Personal and Professional Lives -3hr.
6. Culturally Sensitive Interviewing

7. My Head Is About To Explode...Managing Life Stressors - 3hr.
8. What's Poverty Got To Do With It?...Influences of Poverty In Case Planning
9. Engaging The African American Incest, Child Sexual Abuse & Rape Survivor - 6hr., 12hr.
10. Training In A Diverse Environment (Charlotte Osterman, LSW, co-developer) – 3hr., 6hr.
11. Are Our Families Difficult OR are We? – 3hr., 6hr.
12. Impact of Trauma On School and Social Interactions- 3hr., 6hr.

*Help Me Grow Approved

Other Certified Training Offerings

1. Expect Respect (adolescent support group curriculum for safe and healthy relationships)
2. Bridges Out of Poverty (Provides a framework for understanding poverty and reviews the skills, policies and procedures that will enable organizations & communities to become more skilled in working with individuals who are in poverty); 1-day, 2-day
3. Getting By In A Just Gettin' By World (15 week program for people living in poverty that is designed to assist participants develop a plan to change their life circumstances).
4. Getting Ahead While Getting Out (20 week program for incarcerated individuals and their families that is designed to assist with re-entry into the community and the goal of preventing recidivism.
5. Understanding Infant Adoptions – 6hr.
6. Ties That Bind: Substance Abuse In The Kinship Family, 2-day

Organization specific trainings can be developed when within the expertise of Nirvana Now! trainers.