



Nirvana Now!

Choosing Inner Peace For You

WORKSHOPS LISTS 2018-2019

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E-Track Approved Standardized And Proprietary Curriculums:

PROFESSIONAL

1. Permanency Roundtables-Values - 6hr.
2. Permanency Roundtables-Skills - 6hr. (Also approved as Permanency Consultant)
3. Permanency Roundtable (PRT) Skills Refresher – 3hr.
4. Permanency Roundtables-Values, Community Stakeholders - 1.5hr.
5. Youth-Centered Permanency Roundtables - 6hr.
6. Adoption Assessor Training Tier I
 - a. Birth Parent Services – 6hr
 - b. Pre-Finalization Adoption Services – 3hr.
 - c. Post-Finalization Adoption Services – 3hr.
 - d. Placement Strategies – 3hr.
 - c. Adoption Assistance - 3hr
7. Adoption Assessor Training Tier II
 - a. Diversity Competence In Permanency Planning, Part I and II - 12hrs.
 - b. Achieving Permanency Through Inter-Agency Collaboration – 6hr
8. Overview of Child Sexual Abuse - 12hr.
9. Sexuality of Children: Healthy Sexual Behaviors and Behaviors that Cause Concern - 6hr.
10. Investigating Child Sexual Abuse - 6hr.
11. Effectively Working With CASA/GAL's* – 3hr.
12. Understanding Culture and Diversity Will Improve Performance Outcomes – 6hr.
13. Adolescent Substance Abuse -3hr.
14. Alphabet Soup: The Legal Maze Of Placement Decision-Making -6hr.*
15. A Fresh Look at Culture and Diversity: Not Your Grandmother's Culture – 6hr.
16. Ethnographic Interviewing – 6hr.

CAREGIVER:

17. Achieving Permanency Through Roundtables-Values, Caregivers - 3hr.
18. Achieving Permanency Through Roundtables-Values - 6hr.
19. Foster and Adoptive Parent Pre-Service Training: 3hrs. each
 - 1) Orientation and Overview to Foster Care, Kinship Care, and Adoption
 - 2) Child Protection Team
 - 3) Child Development
 - 4) Trauma and Its Effects
 - 5) Child Sexual Abuse
 - 6) Minimizing Trauma of Placement
 - 7) Transcending Differences In Placement
 - 8) Helping Children Manage Emotions And Behaviors
 - 9) Understanding Primary Families
 - 10) Effects of Caregiving on the Family
 - 11) Long-Term Separation from Birth Parents
 - 12) Post Adoption Issues for Families
20. Normalcy and The Reasonable and Prudent Parent Standard - 3hr.
21. Keepin' It In The Family": The Unique Issues of Kinship Care** – 3hr.
22. Successful Transcultural Parenting: Dealing with the Dynamics of Difference – 6hr.
23. Diagnosis AD/HD: What's Next? – 6-hr.
24. The Effects of Fostering – 3hr.
25. "Play with a Purpose" ...Strategies to Enhance the Parent-Child Relationship** – 3hr.
26. "Mom, Dad, I'm Searching" ...The Impact of Search and Reunion on the Family** – 6hr.
27. Understanding and Building Attachment - 3hr.
28. Single Parent Adoptions...Single, But Never Alone - 3hr.** (co-developer of training)
29. Discipline In Foster Care: Managing Our Behavior To Manage Theirs: Discipline in Foster Care - 6hr.
30. Relating to Primary Families: Understanding Challenges, Issues, and Strategies for Success- 6hr.

31. Engaging Primary Families – 3hr.
32. Recognizing and Responding to Child Sexual Abuse - 6hr.
33. Healthy Sexual Development of Children and Teens - 3hr.
34. Role of Caregivers in Healthy Sexual Development of Children and Teens – 3hr.
35. Fostering Self-Reliance in Children and Teens: Roots and Wings - 6hr.
36. The Openness Puzzle...3.2.1 Contact – 3hr.
37. Cultural Issues in Foster Care: Dealing with the Dynamics – 6hr.
38. Gaining Independence For Teens (G.I.F.T.) – 12hr.

*approved for supervisors

**post adoption

PROPRIETARY CURRICULUMS

PARENTS, CAREGIVERS, TEACHERS, PROFESSIONALS:

1. Understanding Child Sexual Abuse -6-hr.
2. Parenting the African American Incest and Child Sexual Abuse Survivor -6-hr.
3. Life After Incest and Child Sexual Abuse -6hr.
4. Caring For Traumatized Children - 3hr., 6hr.
5. Domestic Violence Impact On Children - 6hr.
6. Parenting The Children of Substance Abusing Parents; - 6hr.
7. The Adoption is Final...Real Life Kicks In - 6hr.
8. Advocating For The Special Needs Child - 3hr.
9. Diagnosis vs. Abilities - 3hr.
10. Loving Gay, Lesbian, Bi-Sexual, Transgender, Intersex Youth - 6hr.; 3hr.
11. Successful Engagement With LGBTQI+ Families & Youth – 6hr.; 3hr.

12. So, You Have A LGBTQI+ Identified Youth In Your Home, Now What? - 6hr.; 3hr.
13. Understanding The Stages Of Child Development - 3hr.
14. Understanding Culture and Diversity Will Help You Teach and Parent - 6hr.
15. Independent Living Skills for 13+ Year Old Youth - 3hr. each (attached)
16. Understanding Boundaries....Balancing Personal and Professional Lives - 6hr.
17. My Head Is About To Explode...Managing Life& Work Stressors - 6hr.
18. Sexuality and the Disabled - 3hr.
19. Independent Living: Helping Teens Plan Their Future - 6hr.
20. Are Our Families Difficult OR are We? – 3hr., 6hr.
21. Impact of Trauma On School and Social Interactions- 3hr., 6hr.

STAFF DEVELOPMENT: (3HR., 6HR.)

1. Case Management For the Novice - 6hr.
2. Effective Public Speaking - 6hr.
3. Winning Over The Difficult Client - 6hr.
4. Working With Substance Abusing Parents* - 6hr.
5. Understanding Boundaries....Balancing Personal and Professional Lives -3hr.
6. Culturally Sensitive Interviewing - 6hr.
7. My Head Is About To Explode...Managing Life Stressors - 3hr.
8. What's Poverty Got To Do With It?...Influences of Poverty In Case Planning - 6hr.
9. Engaging The African American Incest, Child Sexual Abuse & Rape Survivor - 6hr., 12hr.
10. Training In A Diverse Environment (Charlotte Osterman, LSW, co-developer) – 3hr., 6hr.
11. Are Our Families Difficult *OR* Are We? – 3hr., 6hr.
12. Impact of Trauma On School and Social Interactions- 3hr., 6hr.

*Help Me Grow Approved

Other Certified Training Offerings

1. Expect Respect (adolescent support group curriculum for safe and healthy relationships)
2. Bridges Out of Poverty: Strategies For Professionals and Communities - Provides a framework for understanding poverty and reviews the skills, policies and procedures that will enable organizations & communities to become more skilled in working with individuals who are in poverty - 1-day, 2-day
3. Getting By In A Just Gettin' By World - 15 week program for people living in poverty that is designed to assist participants develop a plan to change their life circumstances.
4. Getting Ahead While Getting Out - 20 week program for incarcerated individuals and their families that is designed to assist with re-entry into the community and realizing the goal of preventing recidivism.
5. Workplace Stability - Instability is another measure of diversity in your workforce. Low-income environments are a major contributor, and low-wage employees often experience the “tyranny of the moment” brought on by problems with resources like transportation, healthcare, childcare or eldercare, housing, language or communication, or managing financial or legal matters. Learn simple, inexpensive solutions you can implement to help stabilize your employees’ lives—and boost your profitability and competitive advantage. – 1 day.
6. Getting Ahead In The Workplace – 15 facilitated sessions to help under-resourced people build resources and gain control over their future stories, for a better life at home and at work. Participants create their own success by investigating: The realities of conditions at home/work/community and how they impact stability, The “hidden rules” and special language of getting ahead in the workplace, How to build resources and relationships that open doors and help keep them open, Practical skills for dealing with change and creating stability at work and at home, and The power of intentionally creating and following a new future story plan
7. Understanding Infant Adoptions – 6hr.
8. Ties That Bind: Substance Abuse In The Kinship Family, 2-day

Organization specific trainings can be developed when within the expertise of Nirvana Now! trainers.